

# SEPTEMBER 2023

## BETHEL SCHOOL LUNCH

### MONDAY

THESE MENUS ARE SUBJECT TO CHANGE

Mini Corn Dogs **4**  
Green Beans  
Fruit  
Milk

Chicken Nuggets **11**  
Carrots  
Roll  
Fruit/Milk

Meatball Sub **18**  
Fries  
Fruit  
Milk

Chicken,cheese,rice **25**  
Veggies  
Fruit  
Milk

### TUESDAY

**Cotton Candy was invented by a dentist**

Country Fried Steak **5**  
Mashed Pots  
Roll  
Fruit/ Milk

Beef/Noodles **12**  
Peas  
Roll  
Fruit/Milk

Chicken/Waffles **19**  
Peas  
Fruit  
Milk

[Enter Menu Items] **26**  
Chili w Beans  
Uncrustable  
Fruit  
Milk

### WEDNESDAY



Beef Nachos/ Beans **6**  
Chips/Salsa  
Lett/Tom/Cheese  
Fruit/Milk

Burrito **13**  
Chips/salsa  
Rice  
Fruit/Milk

BBQ Pork on bun **20**  
Potato Wedges  
Fruit  
Milk

Buffalo Chicken Dip **27**  
Chips/Roll  
Corn  
Fruit/Milk

### THURSDAY

DID YOU KNOW?

**Lemons Float but Limes sink!**

Macaroni/Cheese **7**  
Roll  
Carrots  
Fruit/Milk

Chicken Sandwich **14**  
Green beans  
Fruit  
Milk

Chicken Ramon Bowl **21**  
Veggies  
Roll  
Fruit/Milk

Salisbury steak **28**  
Mashed potatoes  
Green Beans/Roll  
Fruit/Milk

### FRIDAY

Uncrustables **1**  
Veggie W/ sticks dip  
Sun chips  
Fruit/Milk

Hamburger on bun **8**  
French Fries  
Fruit  
Milk

Cheese pizza **15**  
Garlic bread  
Corn  
Fruit/Milk

Hot Dogs on bun **22**  
Carrots  
Fruit  
Milk

Chicken Alfredo **29**  
Bread stick  
Green salad  
Fruit/Milk