

# OCTOBER 2023

## BETHEL BULLDOGS

FRENCH FRIES ORIGINATED  
IN BELGIUM!!!!

### MONDAY

Mini Corndogs  
Roll  
Green beans  
Fruit  
Milk

2

### TUESDAY

Chicken nuggets  
Roll  
Green salad  
Fruit  
Milk

3

### WEDNESDAY

Beef Hot dog on bun  
Carrots  
Fruit  
Milk

4

### THURSDAY

Beef macaroni and cheese  
Roll  
Peas  
Milk

5

### FRIDAY

Beef Hamburger on bun  
French fries  
Fruit  
Milk

6

9

NO SCHOOL

Burrito  
Chips/salsa  
Rice  
Fruit  
Milk

10

Bulldog meal  
Loaded baked potato  
Bacon/cheese  
Fruit  
Milk

11

Bulldog sandwich  
Chicken patty on bun w  
pickles  
Carrots  
Fruit/ milk

12

Spaghetti w meat sauce  
Garlic bread  
Green salad  
Fruit  
Milk

13

Meatball sub  
Carrots  
Fruit  
Milk

16

Chicken/Waffles  
Pease  
Fruit  
Milk

17

BBQ Pork on bun  
Baked beans  
Fruit  
Milk

18

Chicken Alfredo  
Breadstick  
Green salad  
Fruit  
Milk

19

Egg roll in a bowl  
Roll  
Fruit  
Milk

20

Chicken cheese rice  
Veggies  
Fruit  
Milk

23

Chili w beans  
Uncrustable sandwich  
Fruit  
Milk

24

Popcorn chicken  
Carrots  
Roll  
Fruit  
Milk

25

Uncrustable  
Veggie sticks w dip  
Sun chips  
Fruit  
Milk

26

NO SCHOOL

27

Breaded cheese sticks  
marinara sauce  
Garlic bread  
Fruit  
Milk

30

Taco soup  
Sandwich  
Crackers  
Fruit  
Milk

31



DO YOU KNOW?  
WHAT DOES PBJ STANDS  
FOR?

HAPPY HALLOWEEN  
ENJOY THE CANDY!!!