

NOVEMBER 2023

BETHEL BULLDOGS LUNCH

MONDAY



TUESDAY

McDonalds sells 2.5 billion hamburgers a year.

WEDNESDAY

Chicken nuggets **1**
Roll
Green salad
Fruit
Milk

THURSDAY

Breaded cheese sticks **2**
Marinara sauce
Garlic bread
Fruit
Milk

FRIDAY

Hamburger on bun **3**
French fries
Fruit
Milk

Philly cheesesteak on bun **6**
Peas
Fruit
Milk

Burrito **7**
Chips/salsa
Cilantro lime rice
Fruit
Milk

Mini corn dogs **8**
Green beans
Fruit
Milk

Bulldog sandwich **9**
Chicken patty on bun
Carrots
Fruit
Milk

Meatball sub **10**
Potatoes
Fruit
Milk

Taco soup **13**
Sandwich
Fruit
Milk

Spaghetti w meat sauce **14**
Green salad
Garlic bread
Fruit
Milk

BBQ Pork on bun **15**
Baked beans
Fruit
Milk

Bulldog meal **16**
Loaded baked potato
Fruit
Milk

Cheese pizza **17**
Green salad
Fruit
Milk

Chicken, cheese, Rice **20**
Salsa
Veggies
Fruit
Milk

Turkey **21**
Mashed Potatoes
Roll
Dessert
Fruit/Milk

22

23

24

Chili w beans **27**
Sandwich
Fruit
Milk

Beef Nachos **28**
Chips/salsa
Refried beans
Fruit
Milk

Chicken and Noodles **29**
Roll
Corn
Fruit
milk

Broccoli cheese soup **30**
Grilled cheese
Fruit
Milk

Ketchup was once used as medicine!